

Public Speaking

We believe that providing training to other mental healthcare professionals and information to the broader community is an essential component of our mission. Below you will find past talks that we have given and upcoming scheduled talks. If you are interested inviting one of our psychologists to speak at an event, please call 301-610-7850. Thank you.

Dr. Dalton's scheduled talks:

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| October 16 2015 | Professional Training Jewish Social Services Agency |
| October 26 2015 | Sidwell Friends School |
| October 28 2015 | The Potomac School |
| November 3 2015 | The Stoneridge School |
| November 4 2015 | Lab School of Washington |
| November 24 2015 | Hartford County Public Schools |
| December 1 2015 | Presentation for Resources Counselors Julius West Middle School |
| December 16 2015 | Upper School Training Sandy Springs Friends School |
| January 28 2016 | Professional Training Children's National Medical Center |
| February 1 2016 | Georgetown Visitation |
| March 16 2016 | The Nora School |

Dr. Scharfstein's scheduled talks:

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| January 5 2016 | Burtonsville Elementary School PTA |
| February 2 2016 | Brown Station Elementary School PTA |

Dr. Dalton's past talks:

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| October 2015 | Sidwell Friends School |
| May 2014 | Evidence-Based Skills to Help Children with Anxiety and Behavioral Challenges School Nurses Association of Carroll County |
| April 2014 | Seven Locks Elementary School |
| 2014 January 2014 | Helping Adolescents Cope with Anxiety and Stress During High School Whitman High School |
| March 2014 | Parenting the Anxious Teen: Counter-Intuitive Strategies for Easing Teen Anxiety Nora School |
| December 2013 | Practical Strategies to Help Children Cope with Anxiety Parent University |
| October 2013 | Evidence-Based Skills and Techniques for use in the Treatment of Children and Adolescents Living with Anxiety Disorders Fauquier County Public Schools |
| April 2013 | Evidence-Based Strategies to Help Children who Refuse School Howard Gardner School |
| February 2013 | Evidence-Based Strategies to Help Children with Anxiety Disorders Nora School |
| January 2013 | Treatment of Anxiety Disorders in Children and Adolescents School Refusal Symposium Fairfax County Public School |
| November 2012 | When Anxiety Affects Education: Evidence-Based Treatment of School Refusal and Related Difficulties Western Maryland School Psychology Association |
| November 2012 | Strategies Parents can use to help their children Cope with Anxiety Cashell Elementary School |
| October 2012 | Treatment of Anxiety Disorders in Childhood Anne Arundel County Public Schools |

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| November 2011 | Practical Strategies to Help Children Cope with Stress and Anxiety Pointers Run Elementary School |
| October 2011 | Helping Children to Improve Their Behavior: Specific Techniques and Strategies The Maddux School |
| October 2011 | Practical Strategies to Help Children Cope with Stress and Anxiety Cashell Elementary School |
| October 2011 | When Anxiety Affects Education: Evidence-Based Treatment of School Refusal and Related Difficulties Anne Arundel County Public Schools |
| September 2011 | When Anxiety Affects Education: Evidence-Based Treatment of School Refusal and Related Difficulties Prince George's County Public Schools |
| July 2011 | When Anxiety Affects Education: Evidence-Based Treatment of School Refusal and Related Difficulties Montgomery County Public Schools |
| April 2011 | Treating Social Phobia in Adults: Evidence-Based Practical Strategies and Techniques Commission for Women |
| March 2011 | Evidence-Based Treatment of Prolonged Anxiety-Based School Refusal National Conference Anxiety Disorders Association of America New Orleans, LA |
| March 2011 | Parenting an Anxious Child: A Proposed Model for Group-Administered Parent Training for Parents of Children With Anxiety Disorders |
| February 2011 | When Anxiety Affects Education: Evidence-Based Treatment of School Refusal and Related Difficulties Howard County Public Schools |
| November 2010 | Evidence-Based Practical Strategies for the Treatment of Anxiety- Related School Refusal Behavior Therapy Center of Greater Washington |

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| November 2010 | When Anxiety Affects Education: Evidence-Based Treatment of School Refusal and Related Difficulties Bowie State University |
| March 2010 | Evidence-Based Practical Strategies for the Treatment of Anxiety-Related School Refusal National Conference Anxiety Disorders Association of America Baltimore, MD |
| March 2010 | Bridging the Gap Between Science and Practice : A proposed Model for Group-Administered CBT for Children with Anxiety Disorders National Conference Anxiety Disorders Association of America Baltimore, MD |
| February 2010 | When Anxiety Affects Education: Evidence-Based Treatment of School Refusal and Related Difficulties Fairfax County Public School System |
| October 2009 Evidence- | Treating Children and Adolescents with Anxiety Disorders: Based Practical Strategies and Techniques Youth Worker Training Committee |
| May 2008 | Cognitive Behavior Therapy with Anxious Children and Teens Child Center and Adult Services |
| April 2008 | Middle School Stress Robert Frost Middle School Parent/Principal Breakfast |
| April 2008 | The Treatment of Separation Anxiety Disorder Continuing Education Seminar, Behavior Therapy Center of Greater Washington |
| October 2007 | Cognitive Behavioral Treatment of the Anxious Child Continuing Education Workshop, Behavior Therapy Center of Greater Washington |
| April 2007 | The Behavioral Treatment of Social Phobia Continuing Education Seminar, Behavior Therapy Center of Greater Washington |

- February 2007 Cognitive-Behavior Therapy with Adolescents
Guest Lecture Series, Children's National Medical Center
- September 2004 The Treatment of Disruptive Behavior Disorders in Children and
Adolescents: Options for Parents and Caregivers
Guest Lecture, National Pike Health Center, Baltimore, MD
- April, 2004 Functional Analysis and Treatment of an Adolescent Female with
Self-Injury, Aggression, and Destructive Behavior
The Kennedy Krieger Institute, Baltimore, MD

Dr. Kaplan's Presentations:

- February 2011 Assessment and treatment of patients with anxiety disorders.
Presented to Yale Medical Nursing Staff, Hartford, CT.
- January 2011 Prevalence, assessment, and treatment of compulsive hoarding.
Presented to Community Care, Hartford, CT.
- September 2010 Etiology, maintenance, and treatment of Trichotillomania.
Presented to psychology department at Institute of Living/Hartford
Hospital, Hartford, CT.
- April 2008 Biological challenge literature and panic disorder. Presented to
staff at the Behavior Therapy Center of Greater Washington,
Washington, DC.
- August 2007 Preparing for graduate school. Invited lecture presented to the
Mood and Anxiety Disorders Program, The National Institute of
Mental Health, Bethesda, MD.

Group Presentations/Talks:

- October 2015 Potomac Elementary School
Dr. Singer, Dr. DeBoard-Lucas, Dr. Scharfstein